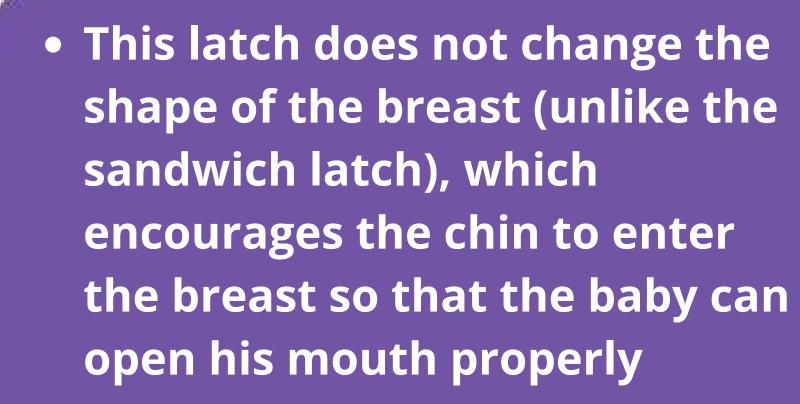


BREAST LATCH THE CUP OF TEA

- Useful technique for a baby with small mouth opening
- The baby is positioned tummy to tummy with their mother, with the baby's nose facing the nipple
- The thumb and forefinger form a pincer to shrink the areola by compressing the breast skin just outside the areola
- The fingers are parallel to the baby's approaching lips



 When the baby starts suckling effectively, the breast can be released and should remain firmly in place

