

BREASTFEEDING POSITION

CRADLE

- The baby is placed tummy-to-tummy, lying sideways or in a semi-seated position
- The mother or the parent places their hand between the baby's shoulder blades, their wrist fitting into the nape of the neck, with the baby's ear resting on their forearm
- The baby will latch on to the breast on the same side as the arm that supports them



A video on
this topic is
available
on our
YouTube
channel

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RÉFÉRENCE : LE PETIT NOURRI-SOURCE

