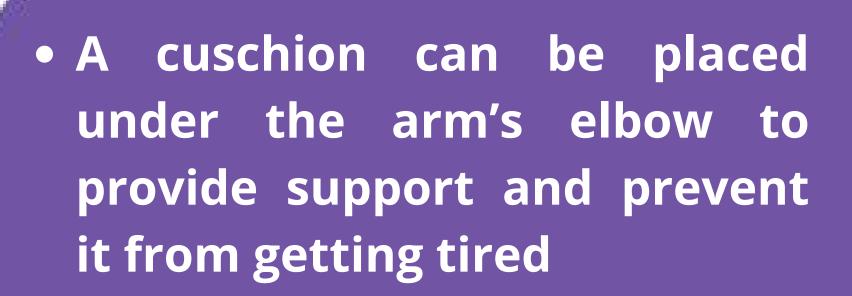


BREASTFEDING POSITION

CRADLE

- The baby is placed tummyto-tummy, lying sideways or in a semi-seated position
- The mother or the parent places their hand between the baby's shoulder blades, their wrist fitting into the nape of the neck, with the baby's ear resting on their forearm
- The baby will latch on to the breast on the same side as the arm that supports them



 The baby's lower arm will be around the mother's or parent's waist



A video on this topic is available on our YouTube channel