

BREASTFEEDING AND ENTERING DAYCARE

- Integration into daycare can be a source of concern and/or questioning
- It is recommended not to weaned the child
- Continued breastfeeding provides adequate immune protection
- Milk production adapts to the new feeding routine
- If the mother expresses milk at work, the educator can give it to the baby during the day



The Mouvement Allaitement du Québec (MAQ) website offers tools about breastfeeding-friendly daycare.

- If the baby is eating solid foods, he or she can drink water or another type of milk
- Depending on baby's age, he can drink from a glass or a cup
- Cooperation with the educator is key. If she is not familiar with this practice, she should be informed about how to store breast milk and how to give it to the child

